## **COACHING OFFICE / AMPHI HIGH SCHOOL**

Sept 28, 2010

Why a Coaching Office?

What	How it Helps
Just-in-Time Coaching for those	Serve more teens; especially those who may
who need it	only wish to or need to have a couple sessions.
Teens can try coaching before	Less teen churn; cut program coordination
they sign up for their own coach	expenses
Increase the VC to students-	Better pay off for the high cost of training and
coached ratio, e.g. from 1:1 to 1:5	on-going support. More effective use of those
or more.	volunteers we do train, possibly enabling us to
	even provide a higher level of training.
More effective integration into	
the school and its culture	

## Who is the Coaching Office for?

The office will be for teens who:

- Would like to try coaching before they sign up for a regular on-going 1:1 personal coach
- Do not have a 1:1 coach, yet have a pressing coaching issue and would like a coach to help them see choices and regain their focus
- Have something going on that can be addressed in 1-3 sessions (if they have more than 2-3 Coaching Office appointments, we will suggest that they sign up for their own 1:1 coach)
- Has a Personal Success Coach who is staffing the office at a time that is mutually convenient.

## **Open for Business:** We plan to initially staff the office:

Tuesdays	11:56-3:45
Wednesdays	11:56-3:45
Normal Thursdays	11:56-3:45

## **Logistics:**

- (name) is the coordinator for TPC
- A school aide or TPC volunteer will be there to manage the appointment calendar.
- Volunteer Coaches will be there to provide coaching for teens who prebooked an appointment or show-up if there is an opening in the appointment schedule.
- We will use a room in the Library.
- We will promote the new office to teachers, counselors and to the students directly.
- We hope to open the COACHING OFFICE on October 26.