

# PROGRAM DESIGN SURVEY CATALINA FOOTHILLS HIGH SCHOOL

# **Defining the Need....**

### Situations or problems you seek to remedy/change

What is happening now?	#	What would you like to see happening instead?	<ul><li>How will you know/identify success?</li><li>What will be the evidence of success?</li></ul>

# Importance/Risk

Why are these issues important?	
What do you risk if you DO NOT	
remedy/change the situation?	
What have you tried so far?	
How have those worked?	

# **Agreement and Support**

Who sees the situation as you do?	
Who sees it differently?	
- Who are they?	
- How do they see it, e.g. what do THEY think the situation is / and the remedy?	
- Who needs to understand?	
- What do they need to understand?	
Who needs to be actively supportive of this?	
What would that support look like?	
Who else has will or can have influence?	
- Who	
- How	

# **Time Frame -- Development and Launch**

Develop work	
Launch date	
What school calendar considerations are there?	
When do those happen?	

# Which types of program options appeal to you and why?

#### **FOR STUDENTS**

Option	Overview	Relevance to goals: Why/Why not?
On-site staffed Coaching Office	<ul> <li>- Meet with a coach as needed: by appointment or drop-in if a meeting time is open.</li> <li>- Stop by to book a future appointment.</li> <li>- Sign-up to be matched with a 1:1 Personal Coach.</li> </ul>	
1:1 Personal Success Coach with <i>a trained Community Volunteer</i>	Trained community <i>Volunteer</i> Personal Success Coach meets weekly for 30-45 minutes with student on campus.	
1:1 Personal Success Coach with a <i>Certified Coach</i>	Certified Personal Success Coach meets weekly for 30-45 minutes with student on campus.	
1:1 <i>private pay</i> Coaching referral program	Referrals to certified coaches affiliated with Touch Point. Options include on-campus and off campus face-to-face and telephone coaching.	

Small Group Coaching	"8-10 student" coaching series facilitated by a professional coach for development, goal work, peer support and building community.	
Freshmen Foundations Coaching Program	Similar to small group coaching, but designed for small groups of <i>single-gender freshman</i> , to help them develop self-awareness, relationship and self-determination skills as well as to set up goals and a plan to reach those goals. Especially helpful for younger students so they can later then take better advantage of a 1:1 coaching relationship.	
Coaching Discussion <i>Club</i>	Student discussions, facilitated by a coach: - Helps students see expanded choices to deal with many of the issues and challenges that complicate their lives and can overwhelm them Also builds decision-making and problem solving skills as well as community.	
OTHER?		

#### FOR COUNSELORS AND SCHOOL STAFF

"I started using coaching conversations with students referred to me for behavior issues. Discipline referrals school-wide dropped by more than 60% in just one month!

- Dawn Hart, Assistant Principal, Edmonds (WA) School District

Option	Overview	Relevance and Why?
Informational Session(s) for CFHS staff.	For CFHS staff who wish to understand more about this new offering(s)	
Basic Training Session for Staff	Basic <i>one-time session</i> for staff that want to employ some of coaching's listening and powerful questions skills to help students more successfully move from childhood through adolescence.  - They will learn how to have conversations that will help teens develop problem solving and decision-making skills and take responsibility for their actions.	
Basic Training Series for Staff	A series of sessions to help staff: - Understand basic coaching frameworks - Learn and practice basic coaching conversation to develop their own coaching conversation competencies as they start to apply what they learn.	

#### **FOR PARENTS**

Option	Overview	Relevance and Why?
Informational Session(s) for CFHS parents.	<b>Short, 1-time info session</b> : For CFHS parents who wish to understand more about this new offering(s)	
Basic Training Session for Parents	Basic <i>one-time session</i> for parents who want to employ some of coaching's listening and powerful questions skills to help students more successfully move from childhood through adolescence.  - They will learn how to have conversations that will help teens develop problem solving and decision-making skills and take responsibility for their actions.	
Basic Training Series	A <i>series</i> of sessions to help parents learn and develop their coaching conversation skills.  - Learn and practice basic coaching conversation to develop their own coaching conversation competencies as they start to apply what they learn.	
OTHER?		

### **Logistics and Safety Issues**

Staffing	- Trained community volunteers and/or certified coaches
	- Program coordination, plus administrative and communication functions.
	- Training and supervisions of Coaches
Site requirements	- Office space
	- Coaching space
	- Training space
Legal and	- Fingerprinting and background checks on coaches
insurance	- Parental permissions for participating students
	- Mandatory reporting requirements
Data collection	- Permission to collect student data included in parental permissions
Financial	Costs and funding options to be determined, e.g.
	- CFSD Foundation and CFHS FFO
	- Ability to pay basis with scholarships
	- Grants/Foundations
Liaison	Key Go-to staff person between CFHS and Touch Point

### Next Steps...

What	Who	When / By When