

Teen Orientation Outline

February 3, 2009

1. Who are we? Touch Point Connection.....we provide adult volunteers who coach teens.

2. What is it that we do? In its simplest form, coaching is assisting someone from getting from where they are to where they want to be. It is about someone listening to you and asking you questions so can figure out what you want to do, and how you might do it. What you have to bring in the INTENTION.....you must want to be coached.

3. Why do we do it? We feel teens are capable people who can use additional guidance and support to explore their dreams, discover choices in life.....rather than feeling trapped or stuck. We believe in you.

Personal experiences: confusing, insecure, weak, helpless, scared, peer pressure, competitive, no identity (mattered), intimidated, expectations, etc.

4. Why coaching might be right for you:

Let's examine who has coaches: Tiger Woods, Michael Jordan, Barak Obama, etc.
Clients in business pay big money to be coached.

What if you could sit down with someone on a weekly basis who really cared about you now and cared about your future and no matter what you said.....you wouldn't be criticized, judged, embarrassed or hurt. But rather, you would be supported and guided by someone who believed in you and would help you to find out what is holding you back, and what is true for you?

6. Imagine: ask yourself this question; if I could do anything I wanted, then what would it be? If I could do anything I wanted.....and absolutely, positively, guaranteed could not fail, what would it be?

Dialogue

7. SC: teen interview

8. Get together with school staff by (date) to decide either:

a) I want to have a coach: and will make a commitment to meet once a week till the end of the school year.

___ Now

___ Later

b) I do not want a coach